

FACELIFT

HOMECARE PRODUCTS

- Sebu-Wash Gel Cleanser
- Vitamin a,c,e Body Oil
- AVST Moisturiser 1
- Tri-Peptide Complex Avance Elixir

DIRECTIONS FOR USE:

PRE-OP: minimum 3 weeks preparation, maximum 3 months for best outcome

Morning & Evening:

- Apply and massage two pumps of Tri-Peptide Complex Avance Elixir to the whole face and areas where incisions will be made
- Apply and massage a few drops of Vitamin a,c,e Body Oil to cover the whole face and area where incisions will be made.

POST-OP: Ask your medical specialist how soon application could proceed after surgery. Most surgeons globally recommend use of products as soon as the tape is removed 24 hrs post-surgery.

Day 1-7 post-surgery:

Morning & Evening:

- Mix a small amount of Sebuwash with water and gently cleanse the skin
- Apply and massage a few drops of Vitamin a,c,e Body Oil to cover the whole face and area where incisions have been made.

7 days onwards post-surgery:

Morning:

- Mix a small amount of Sebuwash with water and gently cleanse the skin
- Apply and massage two pumps of AVST Moisturiser 1 to cover the whole face and incisions areas

Evening:

- Mix a small amount of Sebu-Wash Gel Cleanser with water and gently cleanse the skin
- Apply and massage two pumps of Tri-Peptide Complex Avance Elixir followed by a few drops of Vitamin a,c,e Body Oil to cover the whole face and area where incisions have been made.

NB: In case of aspirin allergy, use Low Foam Cleansing Gel instead.

For best outcome and maintenance continue use of products and Vitamin A moisturisers indefinitely.